

Puzzle - Dreams and goals (Spring 1)

Dreams and Goals aims to help children think about their hopes and dreams, their goals for success, what personal strengths are, and how to overcome challenges, via team work skills and tasks. There is also a focus on enterprise and fundraising. Children learn about experiencing and managing feelings of pride, ambition, disappointment, success; and they get to share their aspirations, the dreams and goals of others in different cultures/countries, and their dreams for the world.

Year group	Piece 1	Piece 2	Piece 3	Piece 4	Piece 5	Piece 6
Nursery	1. Challenge I understand what a challenge means	2. Never Giving Up I can keep trying until I can do something	3. Setting a goal I can set a goal and work towards it	4. Obstacles and Support I know some kind words to encourage people with	5. Flight to the Future I can start to think about the jobs I might like to do when I'm older	6. Footprint Awards I can feel proud when I achieve a goal
Reception	1. Challenge I understand that if I persevere I can tackle challenges	2. Never Giving Up I can tell you about a time I didn't give up until I achieved my goal	3. Setting a goal I can set a goal and work towards it	4. Obstacles and Support I can use kind words to encourage people	5. Flight to the Future. I understand the link between what I learn now and the job I might like to do when I'm older	6. Footprint Awards I can say how I feel when I achieve a goal and know what it means to feel proud
Year 1	1. My Treasure Chest of Success I can set simple goals <i>I can tell you about a thing I do well</i>	2. Steps to Goals I can set a goal and work out how to achieve it <i>I can tell you how I learn best</i>	3. Achieving Together I understand how to work well with a partner <i>I can celebrate achievement with my partner</i>	4. Stretchy Learning I can tackle a new challenge and understand this might stretch my learning <i>I can identify how I feel when I am faced with a new challenge</i>	5. Overcoming Obstacles I can identify obstacles which make it more difficult to achieve my new challenge and can work out how to overcome them. I know how I feel when I see obstacles and how I feel when I overcome them	6. Celebrating My Success I can tell you how I felt when I succeeded in a new challenge and how I celebrated it <i>I know how to store the feelings of success in my internal treasure chest</i>
Year 2	1. Goals to Success I can choose a realistic goal and think about how to achieve it. <i>I can tell you things I have achieved and say how that makes me feel</i>	2. My Learning Strengths I carry on trying (persevering) even when I find things difficult. <i>I can tell you some of my strengths as a learner</i>	3. Learning with Others I can recognise who I work well with and who it is more difficult for me to work with <i>I can tell you how working with other people helps me to learn</i>	4. A Group Challenge I can work well in a group <i>I can work with others in a group to solve problems</i>	5. Continuing Our Group Challenge I can tell you some ways I worked well with my group <i>I can tell you how I felt about working in my group</i>	6. Celebrating Our Achievement I know how to share success with other people <i>I can tell you how being part of a successful group feels and I can store these feelings in my internal treasure chest</i>

<p>Year 3</p>	<p>1. Dreams and Goals</p> <p>I can tell you about a person who has faced difficult challenges and achieved success</p> <p><i>I respect and admire people who overcome obstacles and achieve their dreams and goals (e.g. through disability)</i></p>	<p>2. My Dreams and Ambitions</p> <p>I can identify a dream/ambition that is important to me</p> <p><i>I can imagine how I will feel when I achieve my dream/ambition</i></p>	<p>3. A New Challenge</p> <p>I enjoy facing new learning challenges and working out the best ways for me to achieve them</p> <p><i>I can break down a goal into a number of steps and know how others could help me to achieve it</i></p>	<p>4. Our New Challenge</p> <p>I am motivated and enthusiastic about achieving our new challenge</p> <p><i>I know that I am responsible for my own learning and can use my strengths as a learner to achieve the challenge</i></p>	<p>5. Our New Challenge Overcoming Obstacles</p> <p>I can recognise obstacles which might hinder my achievement and can take steps to overcome them</p> <p><i>I can manage the feelings of frustration that may arise when obstacles occur</i></p>	<p>6. Celebrating My Learning</p> <p>I can evaluate my own learning process and identify how it can be better next time</p> <p><i>I am confident in sharing my success with others and can store my feelings in my internal treasure chest</i></p>
<p>Year 4</p>	<p>1. Hopes and Dreams</p> <p>I can tell you about some of my hopes and dreams</p> <p><i>I know how it feels to have hopes and dreams</i></p>	<p>2. Broken Dreams</p> <p>I understand that sometimes hopes and dreams do not come true and that this can hurt</p> <p><i>I know how disappointment feels and can identify when I have felt that way</i></p>	<p>3. Overcoming Disappointment</p> <p>I know that reflecting on positive and happy experiences can help me to counteract disappointment</p> <p><i>I know how to cope with disappointment and how to help others cope with theirs</i></p>	<p>4. Creating New Dreams</p> <p>I know how to make a new plan and set new goals even if I have been disappointed</p> <p><i>I know what it means to be resilient and to have a positive attitude</i></p>	<p>5. Achieving Goals</p> <p>I know how to work out the steps to take to achieve a goal, and can do this successfully as part of a group</p> <p><i>I can enjoy being part of a group challenge</i></p>	<p>6. We Did It!</p> <p>I can identify the contributions made by myself and others to the group's achievement</p> <p><i>I know how to share in the success of a group and how to store this success experience in my internal treasure chest</i></p>

<p>Year 5</p>	<p>1. When I Grow Up (My Dream Lifestyle)</p> <p>I understand that I will need money to help me achieve some of my dreams</p> <p><i>I can identify what I would like my life to be like when I am grown up</i></p>	<p>2. Investigate Jobs and Careers</p> <p>I know about a range of jobs carried out by people I know and have explored how much people earn in different jobs</p> <p><i>I appreciate the contributions made by people in different jobs</i></p>	<p>3. My Dream Job. Why I want it and the steps to get there</p> <p>I can identify a job I would like to do when I grow up and understand what motivates me and what I need to do to achieve it</p> <p><i>I appreciate the opportunities that learning and education are giving me and understand how this will help me to build my future</i></p>	<p>4. Dreams and Goals of Young People in Other Cultures</p> <p>I can describe the dreams and goals of young people in a culture different to mine</p> <p><i>I can reflect on how these relate to my own</i></p>	<p>5. How Can We Support Each Other?</p> <p>I understand that communicating with someone in a different culture means we can learn from each other and I can identify a range of ways that we could support each other</p> <p><i>I appreciate the similarities and differences in aspirations between myself and young people in a different culture</i></p>	<p>6. Rallying Support</p> <p>I can encourage my peers to support young people here and abroad to meet their aspirations, and suggest ways we might do this, e.g. through sponsorship</p> <p><i>I understand why I am motivated to make a positive contribution to supporting others</i></p>
<p>Year 6</p>	<p>1. Personal Learning Goals</p> <p>I know my learning strengths and can set challenging but realistic goals for myself (e.g. one in-school goal and one out-of-school goal)</p> <p><i>I understand why it is important to stretch the boundaries of my current learning</i></p>	<p>2. Steps to Success</p> <p>I can work out the learning steps I need to take to reach my goal and understand how to motivate myself to work on these</p> <p><i>I can set success criteria so that I will know whether I have reached my goal</i></p>	<p>3. My Dream For the World</p> <p>I can identify problems in the world that concern me and talk to other people about them</p> <p><i>I recognise the emotions I experience when I consider people in the world who are suffering or living in difficult situations</i></p>	<p>4. Helping to Make a Difference</p> <p>I can work with other people to help make the world a better place</p> <p><i>I can empathise with people who are suffering or who are living in difficult situations</i></p>	<p>5. Helping to Make a Difference</p> <p>I can describe some ways in which I can work with other people to help make the world a better place</p> <p><i>I can identify why I am motivated to do this</i></p>	<p>6. Recognising Our Achievements</p> <p>I know what some people in my class like or admire about me and can accept their praise</p> <p><i>I can give praise and compliments to other people when I recognise their contributions and achievements</i></p>